



ANAPHYLACTIC PROTOCOL

At Camp KidsTown we are sensitive to anaphylactic allergies and we have protocols in place to ensure every effort is made to keep campers safe. We ask parents / guardians to read this protocol and share it with your camper(s) so together we can keep everyone safe and healthy.

NUT AWARE CAMP

- We strive to be a “nut aware” camp. We are proactive in educating all families about allergies prior to and during camp.
- We strongly encourage all families to read food and personal care item labels and to only send nut-free products to camp for snacks, lunch and in sunscreen or personal care products. However, we never assume that camp is a totally risk-free environment as we cannot be sure all families will comply 100%.
- We have a “No Sharing Food” policy and discourage sharing food. Meal time is monitored closely by camp counsellors who supervise and eat with campers during lunch and snack times

EPINEPHRINE AUTO INJECTORS - EAI (EPIPEN®)

All campers who have an anaphylactic allergy will be required to have at least 2 EAI's for camp:

- Each EAI must be labelled with the original label from the pharmacy.
- One EAI must be carried at all times in either in a fanny pack OR in your campers own carrying case provided from home.
- The second EAI will be referred to as “the spare”. It will be stored in an accessible, secure area in Camp KidsTown.
- The spare will be used if a second dose of epinephrine is required in an emergency, in the case of a faulty auto injector, if the camper forgets his auto injector at home or if the fanny pack is misplaced while at camp.
- During extreme hot weather we encourage the camper/counsellor/parent to check the EAI for any discolouration as a change in colour may mean it is ineffective.

ANAPHYLACTIC MEDICATION CONSENT

- Please complete an Anaphylactic Medication Consent form which can be found on the camp website.

BENADRYL

- Benadryl will not be administered when treating an anaphylactic reaction. Benadryl is not the recommended treatment as it does not work to decrease the effects of an anaphylactic reaction itself and it may mask the symptoms of an anaphylactic reaction.
- Benadryl may be used after each epinephrine has been administered to help alleviate allergic symptoms.

MANAGING AN ANAPHYLACTIC REACTION ON CAMPUS

- An EAI will be administered by a trained staff member
- 911 will be called and the camper will be transported to the hospital with a staff member
- Parents and guardians will be contacted immediately

If you have any questions or inquires about the CKT protocol please feel free to connect with the camp director.